

CAREER



Your EU

Opportunities

Mag

How can you find a job that will make someone live a better life?



Nowadays, whether a degree is worth it or not, is a question with great importance. The value of a college degree can vary dramatically, depending on factors such as the field of the studies, the type of the college, the graduation rate and the future occupation.

On the other side, there is the option of not going to a college. This seems to be less acceptable, due to the lack of information young people have. There are so many different options than choosing to go to a college, which in fact, can greatly improve youths' lifetime prospects.

Here are some steps to help someone choose a suitable career, either it is in a university or not.

- At first, someone has to assess themselves. You have to learn who you really are, your values, your interests, your skills, your attitude and last but not least your personality traits. There is a variety of ways to achieve this. Career tests are a very good idea which can help you gather information

about yourself and also match your skills with the appropriate jobs. Another solution would be for you to visit a career counselor, who will help you find out what fulfill you and what will improve you as a person.

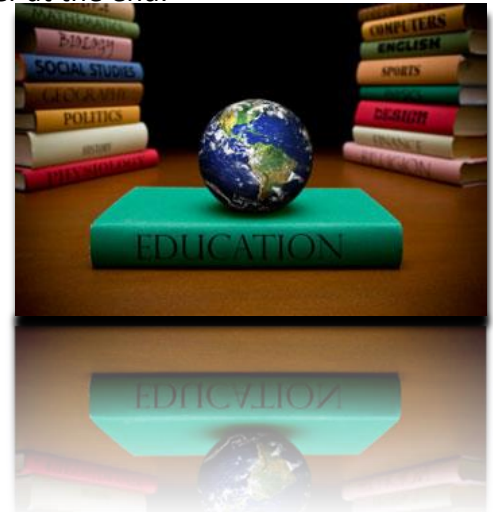
- The next step, is to organize your occupation by making a list of them. The first thing is to write down the occupations you chose both from the career test and from those you end up with the help of career counselor. Do they appeal to you?
- From those you are interested in, you can make a research to learn more information about them. Those with the most importance are, the opportunities each job has to offer you. Also, you need to know if the labor market is in need of each. The salary is also an important criterion.
- So, after you finish the previous procedure, you have to minimize your list. That's because after all the information you get, you find out that many occupations are not what you expected them to be.
- At the end, having a few possible careers left on your list, you have to do a more in-depth research. The most productive way to do this, is by asking information from people who already work there, or those who have strong

relationship with the field you have chosen. This way you will have the chance to learn more reliable staff about it.

Following all the previous steps, you may now feel more confident about the career you want to follow. Here is the time to pick the occupation that

will bring you the most joy and also improve you as a person.

The most important criterion, is to find something you love doing. This way, you will do it with passion and what is made with passion, makes the world a little bit better at the end.



New country, new life

When you are moving to another country to live and work, your whole life changes, and you will face new kinds of difficulties and situations you haven't experienced before. With a few tricks and tips you can make your new life easier, safer and happier and you can be more successful in your career. Keep the following advice in mind and enjoy your new life! If you like the way you live you will be more successful in your job.

1. Always Save Money

The job market in many countries could be volatile, which means it is smart to have a little extra cash nearby in case of emergency. Emergency can vary from that you need to travel home immediately to that you are losing your job due to an unexpected happening.

2. Make contacts

When you are living and working abroad you will face the difficulty of not having

your old friends and trustworthy people around who you got use to at home. Connections are important in all fields of life from finding a reliable physician to creating projects with your new colleagues. A good idea to start is to join facebook groups of people from the same country as from where you are, or who have the same interests as you do.

3. Stuck with your habits

Just because you are switching country you should not lose the everyday things you enjoy. You should continue the sport or hobby you like, that can make getting used to your new situation easier. It is almost sure that you can find a club, gym or group where you can spend your time the way you did before and that can make you feel safer and delighted.

4. Know the locals!

It is very important to understand the people living around you. They might have

seemingly strange customs and habits but if you are open minded and ready to do some research on the reasons behind it can make it easier for you to like them. A very good start is to learn the language, then you will be able to gain the whole experience your new country can give and melt in the community.

5. Keep breaks

Just because you are living abroad that doesn't mean you are on holiday. Take a break time to time to visit your home country or to discover the world. It is going to help you not to get bored with your new home. You should not burden yourself too much. In the long term it is not beneficial.

6. Don't forget your roots

Despite you should learn new habits and languages be proud from where you are coming from! Your different nationality makes you unique, it is not something you should feel ashamed for. Making the people around you meet your culture more is a very exciting task and your new colleagues will appreciate it.

7. Change for the better

You are starting a new life, so you should really consider quitting some habits you could not, because of your environment and habits. It can be arriving to your workplace earlier instead of the last minute or not to gossip. Some things that were not changing your life for the better.

A CV



First of all what's a CV? For me the easiest

and most rich way to answer it is with a single phrase that's says it all. "Your CV is you". So by that we must not take out CV's lightly but without most attention and detail, because imagine going to the bar looking for a girl, 100% sure is that the first girls you are going to notice are the pretty ones. So that's how you should treat your CV also, make it a hot chick that will seduce the boss to give you the job you are looking for. So let's find out some popular and useful tips and

tricks that will help you to boost that CV and get that job you are working so hard for it.

1. Be honest.

First of all when you lie, you to yourself, so please stay honest on the information you give on your CV.

2. Be adaptive

Make your CV different for each situation highlight the competencies that are more important for the current job and try to show your recent experiences about it

3. Don't Copy the add

If the has a specific description like "looking for a bride hardworking individual with great background in economics and social studies" don't go and describe yourself exactly like that. Yes that's what they are looking for but you can use other words to describe yourself as that perfect candidate the description needs. Your vocabulary is surely rich so use it.

4. Include everything you go.

If you have good soft skills that are applicable for the job you should include them that's a great asset, also participation in volunteer work helps sometimes.

5. Don't hide gaps

If you were unemployed for a couple of years you don't need to hide that necessarily especially if you were developing your soft skills during that time.

6 Presentable.

Try to keep the CV Presentable and organized you can bullet point it by years making the readers life easier, that will also show your organization skills.

7. Overflow.

Don't over write your cv you don't need ti list everything since you ware 15 years old it will get big and boring and people will just ignore it. Try to stick to the basic and necessary stuff for the job you are applying for.

8. Big words.

Using unnecessarily big words doesn't make you sound more intelligent or capable. Not only are hiring managers

totally aware of what you're trying (and failing) to do, but "resume speak" can obscure your real experience.

9. Contact info.

And last but not least, Pretty basic think actually , but you'd be surprised how many job seekers put together an amazing resume—and then don't include enough "here's where to find me" info. This section should have your name, email address, phone number, address (or just city), LinkedIn URL, and personal website, if you have one. Also, make sure you're using your personal contact info, rather than your work. Because that's a recipe for disaster. So basically that are some stuff you can use to great a better more structural CV that will help you achieve that goal. Get out there and conquer the world my friend. Because the world is yours



Finding a job based on my skills and competences



In this article I will cover some ways of finding a job based on our skills and competences.

We all need to find a job, but for some of the people this process can be really frustrating.

What we can do is try to be honest to ourselves. We should know what work-related skills we have and how good we are at each. Know what your skills are so that you can talk about them with co-workers and employers. There is no sense in pursuing any job we think is our dream job if we don't have skills or competences for it.

How do you know what your skills are?

There is a lot of ways to find out the answer to this question. You can do a skills assessment online or with a career coach. Or, your library may have resources to help. Look at occupations that interest you and check the skills they require. Ask yourself do you have these skills?

Also, you can use a test which is called Occupations that Match Your Skills to write down your skills.

Before you choose a career or start a job search, you should know which careers match your personality. Picking the right job increases your chances of future job satisfaction and career success. Taking an interest assessment can help you understand which careers might be the best for you. An interest assessment will give you a broad list of career options that match your interests.

Other than Occupations that Match Your Skills you can also do Occupations that Match Your Work Values, and Occupations that Match Your Interest exercises. After you do all of these exercises look at the occupations and list the ones that show up on two or three of your assessment lists.

After doing all of this, hopefully, you will be more ready for finding the job.



Prepare for a successful career.

It's always a good idea to be



strategic when you searching for job , and especially when

you're planning your career. By making smart moves now, you'll invest in yourself (and your career) for years to come!

Here are the important steps to prepare for a successful career.

1. The first step is establishing a professional development plan to better prepare yourself for the position you want in the future.
2. Self-reflection and discipline are both keys to career advancement. Executives who identify their strengths and areas for improvement can make informed decisions on next steps in their career plan. Like that you can prepare yourself for future opportunities.
3. There are several factors organizations consider when searching for their ideal candidate. Work experience is about scope and variety. Also is a good to have a master's degree.

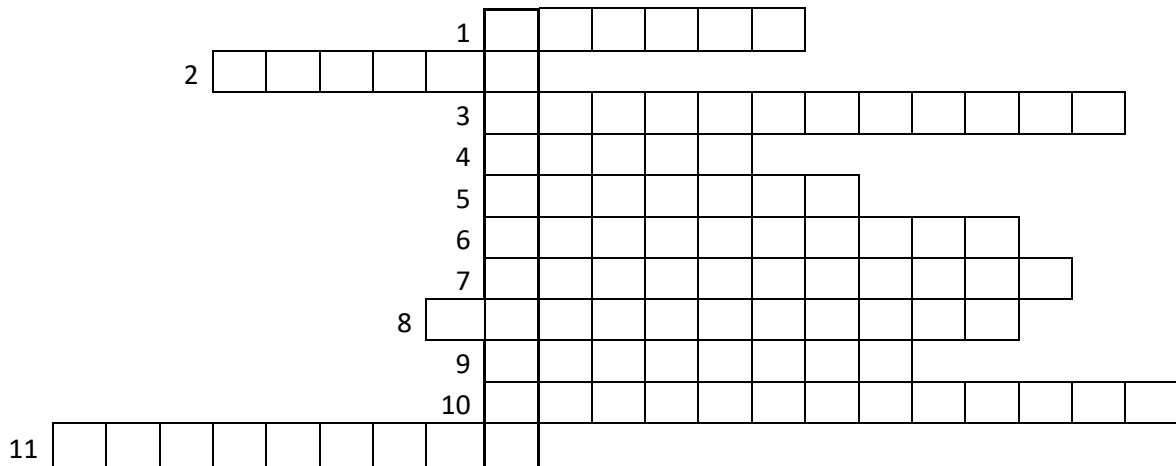
4. Successful leaders reap the rewards of their accomplishments by creating career opportunities. By utilizing a career plan and hard work, you can prepare yourself for future opportunities.

5. All of the planning and hard work culminates with your job interview. Prepare for the interview by searching information for members who will be interviewing you. Practice prior to the interview so you will be comfortable and ready to answer .

You have to take time to choose your position and create your plan to obtain it. The right combination of planning, preparation and hard work will enable you to land your dream job



GAME SECTION



1. You can travel to the countries of this continent with Erasmus.
2. You have a better chance to make this after Erasmus.
3. Erasmus covers it for you to be able to stay abroad.
4. With Erasmus you can do this abroad.
5. You can also use Erasmus while you are doing your...
6. The highest level of school while you can do Erasmus
7. Erasmus is a type of this
8. People who have done Erasmus have more of that
9. You can communicate if you know it.
10. You need this to apply for a job
11. The shortest duration of EVS

|

Assess Yourself

Match Your Interests to Occupations (Exercise 1.2)

Like skills, you should know which types of activities interest you. You can use the activities below to

help match your interests to occupation. You'll use this list to help you explore careers.

Directions: Read each statement. Fill in the circle next to the activities that interest you.

- ...do puzzles
- ...work on cars
- ...attend concerts, theaters, or art exhibits
- ...work in teams
- ...organize things like files, offices, or activities
- ...set goals for myself
- ...build things
- ...read fiction, poetry, or plays
- ...have clear instructions to follow
- ...influence or persuade people
- ...do experiments
- ...teach or train people
- ...help people solve their problems
- ...take care of animals
- ...have my day structured
- ...sell things
- ...do creative writing
- ...work on science projects
- ...take on new responsibilities
- ...heal people
- ...figure out how things work
- ...put things together or assemble models
- ...be creative
- ...pay attention to details
- ...do filing or typing
- ...learn about other cultures
- ...analyze things like problems, situations, or trends
- ...play instruments or sing
- ...dream about starting my own business
- ...cook
- ...act in plays
- ...think things through before making decisions
- ...work with numbers or charts
- ...have discussions about issues like politics or current events
- ...keep records of my work
- ...be a leader
- ...work outdoors
- ...work in an office
- ...work on math problems
- ...help people
- ...draw
- ...give speeches

An IAJVS National Collaboration with iSeek Solutions. Funding provided by the U.S. Department of Labor.

Assess Yourself

Match Your Interests to Occupations (Exercise 1.2 continued)

Directions: Add the columns from the bottom of the previous page. Write down the number of filled

circles for each letter here.

R = Realistic Total: _____

I = Investigative Total: _____

A = Artistic Total: _____

S = Social Total: _____

E = Enterprising Total: _____

C = Conventional Total: _____

Your 2-3 Letter Holland Code Interest Profile

Realistic people are DOERS.

They are often good at mechanical or athletic jobs. They like to work with things like machines, tools, or plants and they like to work with their hands. They are often practical and good at solving problems.

Investigative people are THINKERS.

They like to watch, learn, and solve problems. They often like to work by themselves, tend to be good at math and science, and enjoy analyzing data.

Artistic people are CREATORS.

They like to use their creativity and come up with new ideas. They usually want to work with less rules or structure. They enjoy performing (theater or music) and visual arts.

Social people are HELPERS.

They like to work directly with people rather than things. They enjoy teaching, counseling, or curing others. They are often good public speakers with helpful, kind personalities.

Enterprising people are PERSUADERS.

They like to work with other people. They often like to influence, persuade, or perform for people.

They like to lead. They tend to be assertive and enthusiastic.

Conventional people are ORGANIZERS.

They are very detail oriented and like to work with data. They are often organized and good with numbers. They are also good at following instructions. They also like working in structured situations.

Occupations that Match Your Interests

Directions: Use the Internet, your library, or talk to a career coach to find occupations that match your

interests. You can use O*NET's *Advance Search* to match your interests to occupations.

<http://online.onetcenter.org/> Write down occupations that match your interests here.

1. 4.
2. 5.
3. 6.

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