

PANIC!



✓ **What do I do after graduation?**

✓ **Can I become an entrepreneur?**

✓ **How can I write a good CV?**

✓ **How do I make a decision?**

FIND
YOUR
ANSWERS
HERE.



UP & OUT
PARALIMNI
2017

Best way to make a decision

Exams! Professional decisions! Simple words? Maybe not for the young students, but what is really hidden behind these words that can affect our lives in a serious point? Is there a solution for this problem? That's what we are going to discover together.

To begin with, in many countries the universities select their students according to their marks after a demanding examination. Today most students decide to follow this really hard examination system in order to get accepted in the highest universities. In fact, this is a really tough decision because it obligates the youngsters to focus absolutely on their studies and sacrifice their social life.

However, there are many career opportunities based on jobs that do not demand university degree. The question is: why should these students take this tough career decision?

According to statistics they prefer higher universities looking for a secure job with a high salary. This sounds logical, but the depressing point is that they are usually not allowed to take the decision according to their real wishes. Most of them have low self-esteem and they're usually influenced by their parents when it comes to making decisions.

We usually face our problems as dead roads and the dead roads as a social reality. But... do not PANIC! There are a lot of ways to find a solution to your problems.

First of all, as youngsters we need to organize and work smart in order to inform the whole society about the issue. This information will aim to prevent parents from affecting their children's career decision. It will provide students the opportunity to realize what their skills and talents are. On the same way, we can try to change their grade chasing philosophy and make classes more interactive.

Students should do more sports. They should be more active and try different things and activities to see what they really like and what they would like to do in the future. Art is also a great way to develop their talents and personal skills. So, if you want to realize what are your interests, go out and explore!

Under these circumstances, teenagers can restore their self-confidence, as well as their strong desire to follow their dream jobs. So, guys... it's all up to you! You just have to believe in yourselves. Be brave, take the opportunities that life offers you and don't let anyone make a decision for you!

How do I make a good CV?

After graduating, every student's hope is to get his dream job. Job that will fulfill him and have a decent paycheck. High school and College are ideal time when you should gain your knowledge and experience which can help you reach your goal. It depends only on you how will you use them.

Your CV is the first form of communication between you and your employer. It can become the reason which can get you to the job interview or a reason why you can get an e-mail like "Sorry, too big competition".

In the next few paragraphs you will find usefull tips which will make your life easier. They will improve your CV so that your potential employer don't trow it in the trash after just a few seconds.

MUST HAVE:

Academic success

During (High School/College) education students have the biggest number of opportunities to be active and participate in all kinds of competitions. Maths, chemistry, language or any kind of competitions look great in the CV.

Part-time jobs

Second great thing which can improve your CV is the experience. Any kind of experience is welcome when it comes to work. Employer will appreciate your effort and knowledge

even though you worked only in a movie or theater selling tickets. Don't forget to list your voluntary work. Even if you don't get paid, it still counts as a work experience.

Extra- curriculum activities

Where you a member of a football team? Where you a dancer in a dance group? Don't be afraid to mention it! Apart of the education, your potential employer can find out something about your character and personality, don't forget to be a human.

Skills

Make a seperate section where you will list your 3 main strong skills or traits. Something that is relevant for the job position you are applying for. Are you good mathematician, creative or great team player? **SAY IT!** Those will be the words that will catch someone's eye

WHAT TO AVOID:

- Don't use too many irrelevant information. For example, don't mention your drivers licence if you are not applying for a drivers job position.
- Keep it short and simple. Emphasize the relevant informations for the job position.
- If you are attaching your profile picture, be carefull and make it decent and professional.

Panic! Relationship between co-workers

No, it's not a high school romance we are going to discuss and no one in your workplace environment will care was your heart broken by Stacy or Stacy's mom.

Panic! What is the main problem?

The main problem that may occur is finding a golden middle between cooperation and competition. Panic! How to distinguish these 2?

Don't panic! Here are some tips for you.

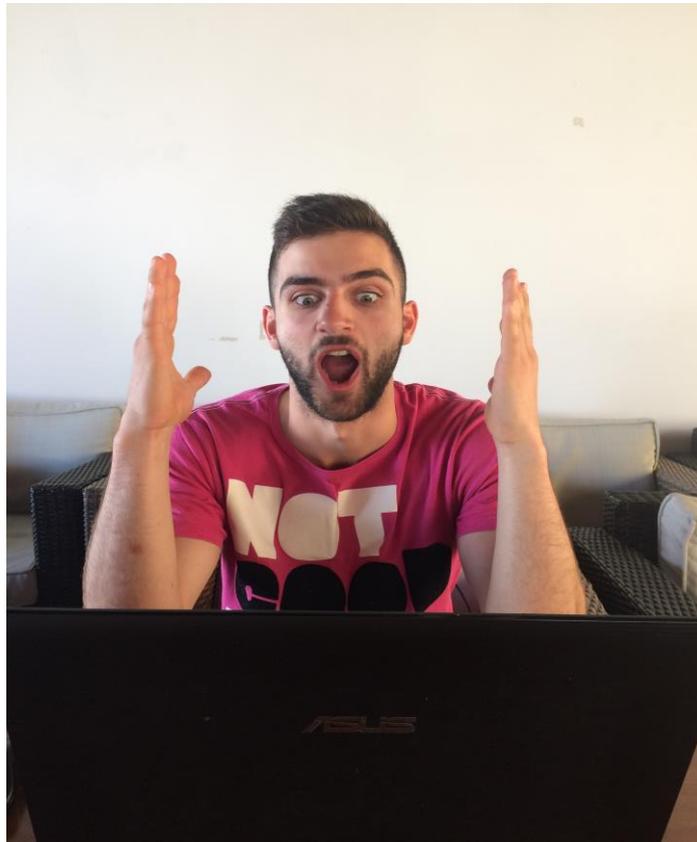
1. Your co-worker is having a business dinner in which he drank a lot of wine, but shared serious ideas for the next project.

Q1: is the idea really good or just an average solution to the problem? Q2:

were you the only one he has shared it with? If your answers are positive, congrats you have a cooperative co-worker.

2. There is a new place opening at the office with higher pay check, your co-worker offers you to take vacation and go to his summer home for free. You are dealing with a sneaky competition. Don't take the offer, unless you are satisfied with your pay and really want to have a free vacation.

Body language is an important matter, most people glance at left after they say a lie or have too many unimportant information in their sentences. You have to keep your friends close and your enemies even closer.



How cool is it to be an entrepreneur?

Being an entrepreneur is becoming more and more popular. Everybody thinks it's easy and profitable, but what is the truth? Being your own boss can be rewarding in different ways, but there are also downsides. Some people will try to convince you to give up, to try something safer, but if you are perseverant and have a good idea, you can do anything!

Having a business can be very profitable... after a while. Don't imagine you will see the results immediately and you will become a millionaire in a week or overnight.

At first, it will be difficult - you'll have to overcome a lot of challenges, find creative solutions to all kinds of problems and motivate yourself to continue doing the work.

Wait, what? Motivate myself? How?

Because you are the boss, there won't be somebody else to tell you what to do, when to do it or why you should do it. That's why it's important to know certainly the reason why you are starting a business and keep that in mind every time problems appear. Always think about the big picture and the long term results.

What else do entrepreneurs have to do?

They work when others are having a break. At a normal job you will have fix work hours, but working for yourself is different. You can choose when you work, but don't imagine you will work less. Probably, you'll be

working more, starting earlier than others and working late at night. At least, this will be at the beginning until you get used to how things work and you can hire others and expand your team. So, no late mornings for you, or long lunch breaks. You have to be focused and don't get distracted!

Do I have time to have fun?

Well, being an entrepreneur can be pretty tiring. If you're young you'll want to go out with your friends and have fun. Yes, you can make time for that too. You have to be good at managing your time and prioritizing. Think what's more important for you... how do you want your business to grow and influence people's lives. If you're really dedicated to your work, learning new stuff all the time or taking care of your marketing, sometimes going to a club will be less important. In different periods of our lives we have different priorities. It just depends on you and your goals.

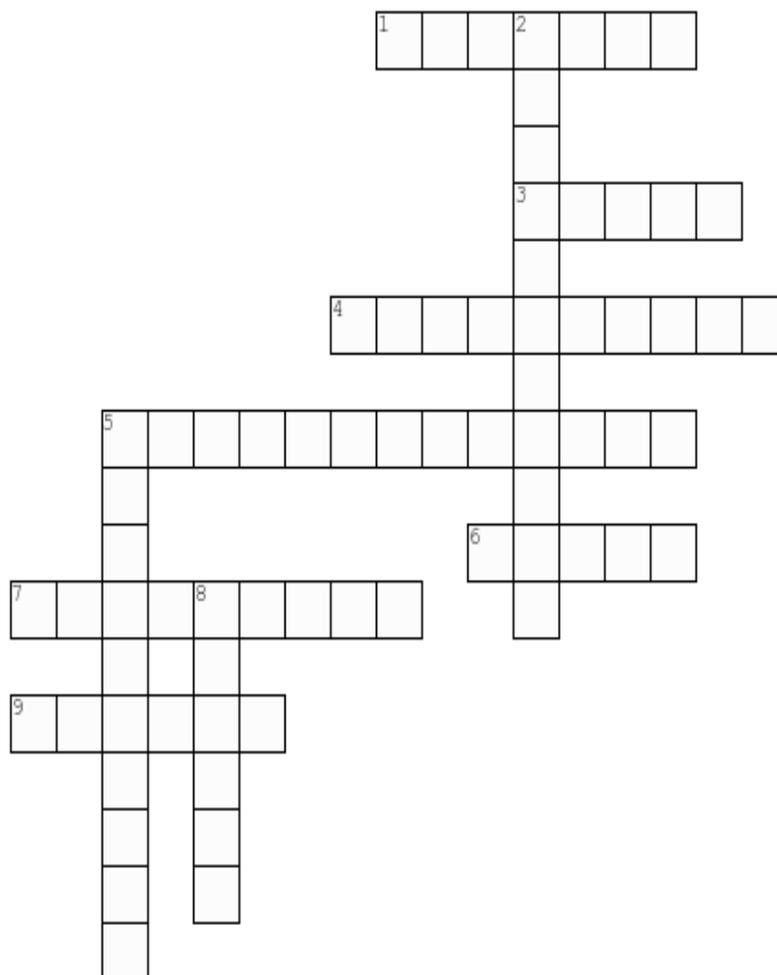
So, how do I know if this is for me?

If you want to change something in this world, improve people's lives with a service or a product and you can't do this at a 9 to 5 job, then you should be an entrepreneur. Don't choose this just because it's trendy or for the money. If you don't have a better motivation you won't get too far and you'll give up. So, decide what you want and start!

CROSSWORD TO RELAX

Name: _____

Complete the crossword below



Created with TheTeachersCorner.net [Crossword Puzzle Generator](#)

Horizontal

1. we are all hoping for
3. the best magazine ever
4. you gain it with time
5. brings us closer
6. when nothing goes right, go left
7. Estonia
9. treats that help us reach our goals

Vertical

2. work team
5. we use the right hemisphere for it
8. you're born with it, but it's not enough

EURES

**Expand your
professional
horizons**

**Aren't you sick of
unemployment
rate in your
country?**

**Do you still believe
that chances will
get better?**

**NOW YOU HAVE THE
OPPORTUNITY TO
FOLLOW YOUR
DREAMS**

**THE WORLD IS
WAITING FOR YOU**

**Enter vast
employment
market, find a job
in capitals of
Europe and more.
It's easy, safe and
stressless.**

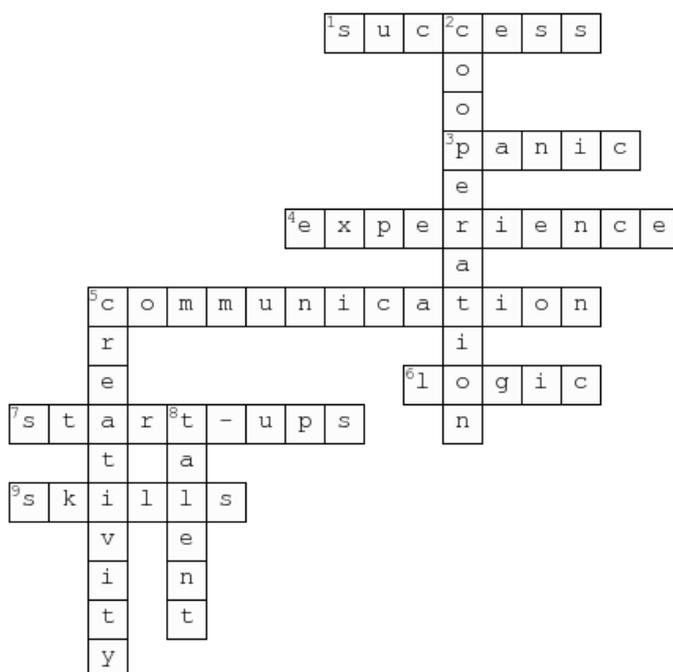
**It's all about the
click.**



SOLUTION OF THE CROSSWORD

Name: _____

Complete the crossword below



Created with TheTeachersCorner.net [Crossword Puzzle Generator](http://TheTeachersCorner.net/Crossword-Puzzle-Generator)

Horizontal

1. we are all hoping for (**success**)
3. the best magazine ever (**panic**)
4. you gain it with time (**experience**)
5. brings us closer (**communication**)
6. when nothing goes right, go left (**logic**)
7. Estonia (**start-ups**)
9. treats that help us reach our goals (**skills**)

Vertical

2. work team (**cooperation**)
8. you're born with it, but it's not enough (**talent**)