

Multiculti



CUSTOMS AND TRADITIONS



What does the word “custom“ means? A custom is a widely accepted way of behaving or doing something that is specific to a particular society. Every country has its own customs and traditions and they are the reason why we all know that Italian people eat pasta everyday or that Romania is the country of vampires.

Customs and traditions are essential in order to shape our behaviour and our values, but you are not really aware of the cultural values you hold until you meet people with a different cultural background and different habits. Starting with the family, the neighbours, school and friends, we grow up with our cultural values that basically create our true personality and influence our daily lives in a really strong way.

For example, if an Italian visits France, he will notice what his customs are just by going into a bathroom and noticing that there is no bidet in there. This may seem funny but that is an example to describe how powerful traditions and customs are.

All things considered, we would not be the same without considering

our customs and traditions, because they are our most visible distinctive.

Next level travel essentials



It is not always enough to pack your luggage properly, get your passport and boarding pass ready. The real traveling and exploring starts with the first step in another country. We all agree that the real cultural identity can be seen mostly when facing it's citizens and getting to know how they live. It is not only important to know the laws, religions, cultural preferences for your own knowledge, but also for respect and suitable behaviour.

First of all it is very important to know what is the country's that you're traveling to religion, how strict it is, does it require special clothing etc. It is one of the most important cases when people get into conflicts , because of not knowing. Remember, failing to follow the rules can cost you trouble.

Secondly, everyone should check what are the basic laws of the country you're going to. Simple example is what is the alcohol consuming law. In Lithuania is it only allowed to buy alcohol when you're 20 years old and it is forbidden to be drinking in public places. In Dubai it is absolutely forbidden to consume alcohol in general, so it is not allowed to bring your own alcohol as well. However, in Berlin, capital of Germany it is okay to consume light alcohol even in public places.

Finally, we need to know what are the traditions, how do we meet and greet, what do we say not to get in trouble and remain polite. All the verbal signs are different in different countries, so what means peace in your country, might be disrespectful in another.

These are the essentials, but not the only important things. You should also consider human rights, cultural diversity, language and so on. Doing a good research not only helps you to stay alive, but also find friends from all around the world.

Examples of inequality



What comes to your mind when you heard that kind of a word- inequality? I think the first topics that comes to people is about human rights, social status, education, ageism, job availability. And everybody who thought about one of these were right. Actually, the officially meaning of the inequality refers to a condition of being unequal, or of being given an unequal share of treatment, status, or opportunities.

To make everything look easier to understand and find common things to ourselves we can divide the inequality to few lines. I would like to start from racial inequality, which in my opinion is going better and better year by year. Historically, White Europeans have held the top positions, and the black people occupied the bottom. Ant it takes positions of power and greater opportunities for education, employment, and wealth to whites. There is a lot of examples of discrimination which includes refusal of health treatment for Black people and prejudice shown by health care staff, stereotypical images

in the media where Black people are either depicted as criminals and irregular migrants or as performers.

Gender equality We recognize that gender inequality is experienced by both women and men, girls and boys and our approach recognize the additional disadvantage faced by transgender people. The level of disadvantage faced will differ depending on factors additional to people's gender such as age, ethnicity, religion or belief, sexual orientation, marital or civil partnership status, and whether or not they have a disability. Gender inequality is experienced across the full range of public services: in employment; access to public services; access and take-up of health care services; protection from crime and violent assault and use of transport. Although public services have a great impact on the lives of women and men, there are often significant inequalities in the way these services are managed and delivered.

Poland is the best, this country will blow your mind



Poland, country of central Europe. Now bounded by seven nations. On the north you can find the Baltic Sea and the south you can see the mountains (Sudetes, Carpathian Mountains and Swietokrzyskie Mountains). Polish language is one of the hardest on the world.

Poland is famous for its beautiful unspoiled nature. It sometimes called the „green lungs of Europe“. Amazing landscapes, golden fields, green forests, blue lakes and crystal - clear rivers, imposing mountains, white beaches and splendid sea. All of these things you can see in this beautiful country and some of them are on the Unesco list (for example Wieliczka and Bochnia Royal Salt Mines, Auschwitz Birenau, a Castle of Teutonic Order in Malbork).

History is one of the most important part of polish culture. Over the past thousand years the country has defended its freedom and sovereignty from foreign agresions on numerous occasions. Polish people over the years fought until the end and never gave up that's why this nation always can get out of trouble.

Polish hospitality is well known in Poland and beyond. Being away from our family Polish people sometime long for the great Polish food, family

atmosphere etc. A particular feature of Polish hospitality is the ample and delicious food (e.g. pierogi) as well as long conversations at the table. There you can find great food, homemade dishes and unending toasts.

In Poland, this is not boasting – it is a fact of life that there were born a lot of famous and important for a history people. For example Robert Lewandowski (best Polish football player), Pope John Paul II, Maria Skłodowska – Curie (scientist, won Nobel Prize twice, discovered Radium and Polonium), Mikolaj Kopernik (astronomer, he formulated a model of the Solar System that placed the Sun rather than the Earth at the center of the Solar System).

Apart from that Poland has a lot of beautiful girls, well known vodka and the cost of living there is really low.

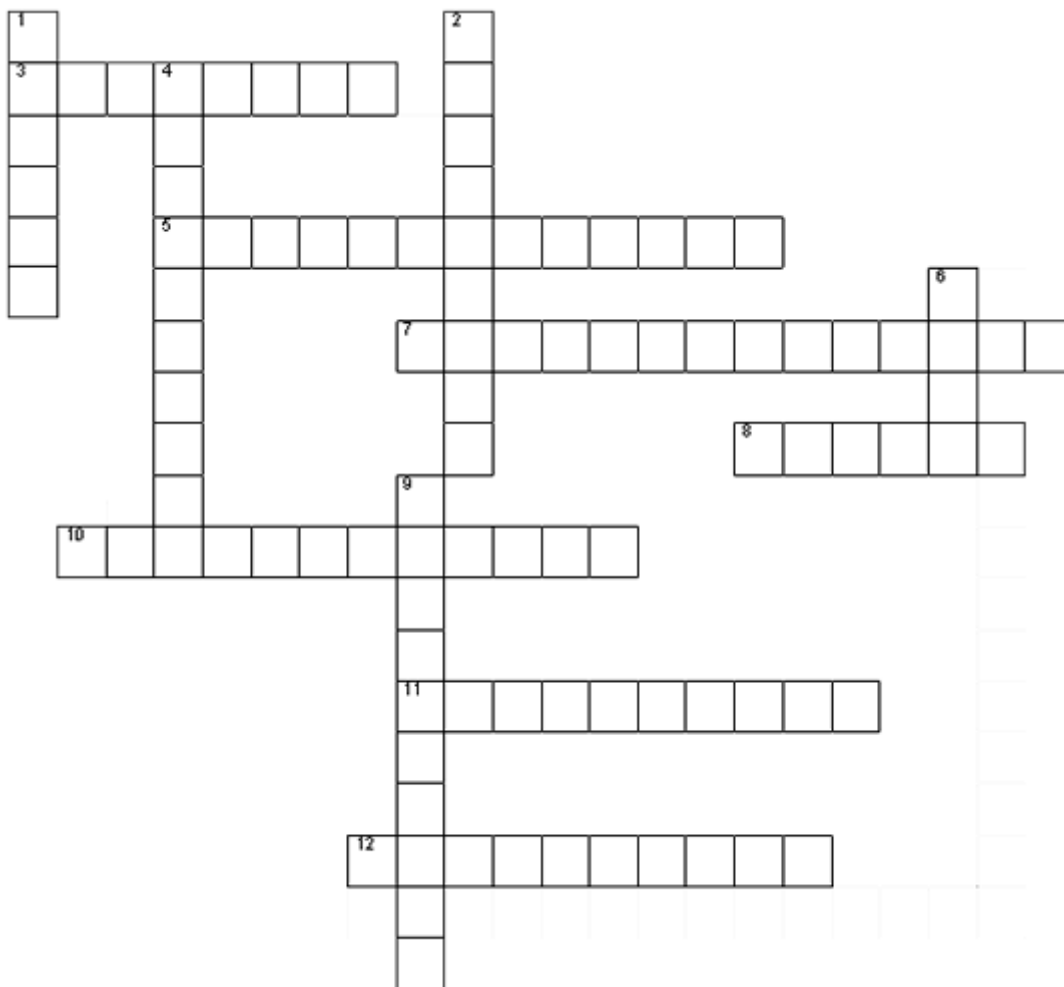
As you can Poland has a lot of arguments to thinking that Poland is the best country. Lovely nature, rich history, hospitality, good food, vodka, beautiful girl, low cost of living, famous people and family traditions. What more do we need?

Across

- **3.** Equal treatment which has an unfair effect on some racial groups is called _____ racial discrimination (8)
- **5.** Intentional or unintentional discrimination by institutions against particular groups is called _____(13)
- **7.** Unfair treatment of people because they belong to a particular group (14)
- **8.** Discrimination on the basis of race (6)
- **10.** Public act which is likely to insult, humiliate or intimidate (12)
- **11.** An idea or image which portrays members of groups as having the same characteristics or attributes (10)
- **12.** Fear or hatred of foreigners (10)

Down

- **1.** Treating people unfairly because of their race is called _____ racial discrimination (6)
- **2.** A preconceived negative opinion or attitude (9)
- **4.** Racism expressed by individuals is called _____ racism (10)
- **6.** A prejudice or preference (4)
- **9.** Behaviour which offends, humiliates or intimidates a person (10)



Erasmus+

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