

APRIL 2019

# EU INFO GAZETTE

H

## PREPARED BY:

Hiba Bahi  
Maria Hedzielska  
Georgiana Marcu  
Teo Markou

ERASMUS+ PROGRAMME  
YOUTH EXCHANGE  
WORK FOR SCRATCH

# DON`T FEAR UNEMPLOYMENT

Unemployment is still a big issue for the European Union citizens. For this reason EU created a service called EURES to fight unemployment.

The EUROPEAN employment service is a platform that helps European job seekers to find a job in one of the European countries. It was founded in 1994, from members of the European commission and citizens of Norway, Iceland, Liechtenstein and Switzerland. The network consists of coordination offices (both European and national) and designated in each EU country, each with their own specific responsibilities. Other organisations, such as social partners, can join the network.

The main goals of EURES are to facilitate the cooperation between its member organisation and stakeholders, to provide assistance for employment and recruitment in European countries and to improve the information about job opportunities.

As well as well as working conditions outside your birth country. To make this service accessible to everyone, EURES has over 1000 staff active in 32 countries providing all the information you may need about social security, insurance or taxation.

The EUROPEAN employment service also facilitate recruitment with designed mobility schemes for specific sectors or countries and European job days, which are online recruitment events that allow job-seekers and employers to meet in the same place.



# OCCUPATIONAL CHOICES BETWEEN REALITY AND DESIRE?

We live in a world full of uncertainty and also full of opportunities.

## Occupational choice as goal of your career development?

Let's clarify which career choice is!

**Career choice** – The broad opportunities that exists for life long vocations. These vocations are set out in a framework of strategies moving toward personal goals. Fields of vocational, academic, and sociological endeavors are explored for the purpose of satisfying personal, economic, and intellectual goals.

For one student/young people to make decisions regarding a career is an important task.

Every day factors like aptitude, life circumstances, academic achievement, friends goals, parents influence and also their educational level and professions, the income are determinants of you career choice.

How easily is to to make a decision regarding your career?

In our life, there are some factors that influence us and we, as students/young people, are in trouble of choosing our career.

First of all, draw your values, interest, skills and aptitudes. Maybe you can use some career tests to have the possibility to learn more about you and to gather information about your traits.

Second, create your own list of occupations. So, you will have in front of you a list with occupations that you would like to have. To keep yourself organized, you could put all of these into one master list.

After you create your own list, it's time to start and to explore all of this occupations. Thus, you have the possibility to identify which of this is the occupation that you like more.

Fourth step is to create a short list, after you finished with your research (during this time you eliminating the careers that you don't want to pursue any further).

The fifth step is to conduct informational interviews. So, it's time to start doing more in-depth your research based on your short list of occupations that you choose. You can meet with people who work in the occupations in which you are interested and they could provide you the knowledge and all the information that you need.

More than 70% after you do this research, you probably are ready to make your own choice.

After this, identify your goals. It's very important to set your goals on long and short term, because this could help you to work hard on your chosen field.

After you finish with this, you could be able to write a career action plan.



# GIVE YOURSELF A CHANGE, CREATE A GREAT CV

When it comes to looking for a job, we always searching for the best option. Well guess what... They are looking for the best option too. So in this article you will found out how to "sell yourself" properly, which means how to write a good CV.

At first your CV should contain your data.

First, and second name, your surname, address, country, phone number and email. Quick tip: make your email as much formal as you can! Don't use the crazy and unformal nicks, because they will not take you serious. Then you should put title of a CV as a 'curriculum vitae' in the middle. Under that you should put your personal profile. It's important because it gives your potential future employees perspective to know who you are. It can't be long, a few sentences will be ok, so if you don't know what to write, just answer this questions: Who are you? What can you offer the company? What are your career goals? Don't write every attribute of yourself, only the ones that can match to position that you apply for. If you have some abilities and skills that you wanna show, do it now. But don't write everything - from four to five will be enough. Next you will share your employment history and experience. It gives you the chance to make them know your previous jobs, work experience and any internships. It all must be in reverse chronological, because your last work place is the most interesting to the employer. So at first your last job, and on the last position must be your first job.



Remember about putting the dates that you were worked, company name and the position that you were at. Then you will put your education history as same as the employment one. Still remember about the dates, and the name of institution. Here you also should write your qualifications. Hobbies. Right now you will show what you are interesting about, but don't put here something that is not valuable. Use only this ones which will make your position stronger. Your cv is your chance to make the best first impression, so just follow this article and give yourself a try to get your dreamed job.

# FROM NOTHING TO SOMETHING

I'm Teo and everything started four years ago in Volos, Greece. I had just finished the school and i did not want to work for someone else so i decided to open my own business. I remember myself been working since i was nine in every summer and the days we hadn't school too.

Me and my father invested in a place and made it a fast food store. It is at a shopping street near the sea and i love that. Every product that we offer is fresh and homemade as a result every day more people are coming to eat or to take away our food.

We have a vegan menu (super delicious also) and that was something that embarrassed too many people cause any other fast food had till we opened this one! It is 14 hours a day opened and the food can be delivered in every house of the city by motorbikes which means that we make everyone's life easier, just with one call!

The first three years i used to work like most than 11 hours a day but nowadays i don't have to while employees do that for me.

More than that my next investment is coming soon...

Finally from my point of view it's all a result of high quality product, discipline, good marketing and personal skills improving every day...

So take the risk or lose the chance!!!



# FIND THE WORDS LISTED BELOW AND MATCH REMAINING LETTERS TO FIND THE HIDDEN WORD

B	F	Y	O	U	T	H	U	R	C	V	O
U	C	O	U	N	T	R	Y	T	I	P	SS
P	E	X	P	E	R	I	E	N	C	E	I
I	W	E	A	S	E	R	V	I	C	E	S
N	O	W	N	S	S	E	C	T	O	R	S
E	R	O	O	T	U	S	K	I	L	L	S
S	K	R	P	O	C	H	O	I	C	E	N
S	I	L	T	R	T	R	I	C	K	S	I
F	N	D	I	V	W	O	R	K	O	O	K
R	G	Y	O	B	R	A	N	D	J	O	B
E	U	O	N	T	H	I	N	K	I	N	G
E	E	Y	F	U	T	U	R	E	N	I	T

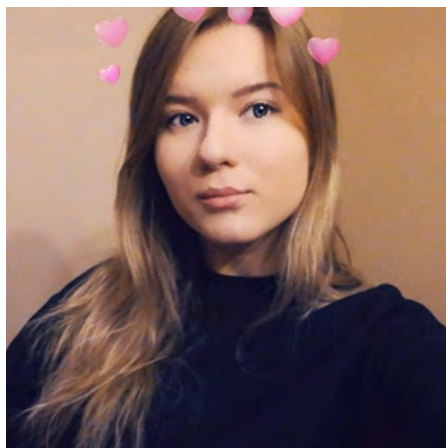
BUSINESS  
YOUTH  
CV  
COUNTRY  
TIPS  
EXPERIENCE  
WORKING  
JOB

SERVICES  
WORLD  
STORY  
SECTORS  
SKILLS  
CHOICE  
FREE  
EU

TRICKS  
WORK  
BRAND  
FUTURE  
IT  
OK  
THINKING

# More about us?

**Hiba Bahi**  
**Italy, 20 years old**



**Maria Hedzielska,**  
**Poland, 19 years old**

**Georgiana Marcu,**  
**Romania, 23 years old**



**Teo Marku,**  
**Greece, 24 years old**



# WORK FROM SCRATCH

4-12 April 2019

Cyprus

Erasmus+

Youth Exchange



The European Commission support for the production of this publication does not constitute an endorsement of the contents which reflects the views only of the authors, and the Commission cannot be held responsible for any use which may be made of the information contained therein.