



# EU4YOU

LIVING  
WITHOUT  
THE EU

10 TIPS FOR  
TRAVELLING  
THE WORLD

WHY YOU  
SHOULD  
VOTE



# 10 THINGS TO KNOW WHEN TRAVELLING TO ANOTHER COUNTRY



Make your journey well and take some time before the trip to read about the country and the specific regions/cities you are visiting. What is considered respectful/acceptable/unacceptable? Try to understand and follow local social norms as much as you can. In some countries (such as France and Mexico), you greet people by hugging and kissing on the cheek. In others, it is disrespectful to touch people you've just met. When in Rome, do what the Romans do. There are more people who don't know English than you might think. Learn basic words in native language

You should definitely know where you are going and the laws and norms there. Please don't think you are above local laws just because you are a foreigner. Likewise, please don't think that just because nothing bad has happened to you, nothing ever will. Use your common sense, ask around, and keep your wits with you.

You have to find out what the weather is like there- will help you in packing the right clothes. Also, famous places that you can visit while there (And how to get there from your hotel). Your cellphone needs to be fully charged at all times. Carry a power bank. Its more useful than you think.

Pay particular attention to the following assignments:

1. To have prepared all the necessary documents ( visa, passport etc);
2. Plan your whole trip. Hotels or other accomodations -Price, availability, distance from the places you want to visit;
3. Be prepared for unexpected situation;
4. Try to find out some discoveries, explore the world (observe the people, introduce their lifestyle, find out their values);

5. Political, social and economical situation;
6. Each countries' culture lifestyle, living, climate conditions;
7. To have ability to adjust- To get into the other persons shoes, learn and be open-minded
8. Take any medication you may need with you, as you may not be able to get it in a foreign country.
9. Carry credit card and read effective use of credit card for travel;
10. be respectful and just go.





# RACISM and it's forms



racism is a social prejudice regarding a group of people based on physical characteristics (skin pigmentation, typical features, hair, speech and other (ethnic) indicators) which can be seen but in any way affect the biological traits of the person such as their abilities. Racism is an ideology that uses external differences as the main

reason for denying equal treatment to members of another group on the basis of the so-called. "Scientific", "biological" or "moral" characteristics consider them to be different from their own group and, in the first place, below. Such racist arguments are often used to justify the privileged attitude towards a certain group of people. This

group is usually favored, though at times it is threatened (as a rule, by its subjective idea) over another group, to put the latter in "its place" (from a social and territorial point of view). Today, racism has many different bases. It can be racial, religious, cultural, ideological and anything else. Racism exists and changes its face over time. In different periods of history, his face was different - from the slavery in the Americas,

persecution of blacks and through the genocide of the Jews in World War II to Islamic fundamentalism in the modern world - all these are the different faces of racism, which is invariably linked with cruelty and aggression.

Bulgaria also does not remain in the countries of these phenomena. With the change of the political system after 1989, they have their hidden and obvious manifestation.







*“The failure to invest in youth reflects a lack of compassion and a colossal failure of common sense.” – Coretta Scott King*

EU recognises and admits the fact that youth empowerment and youth engagement in society serves as an important tool for democratic development. The European Union for instance gives the EU powers to promote youth participation in democratic life.

The importance of youth empowerment and civic engagement

The definition of youth empowerment is the prompting the self-actualisation or influence. Nowadays, young people do get involved in the EU democratic process, albeit only on issues that affect them directly. Moreover, this form of youth participation, including involvement,

engagement and activism at EU-level represents “self-expression and non-traditional forms” of participation and “an opportunity to share with others and to gain respect”. In other words, youth political activism and alternative participation imply Putman also distinguishes another argument to explain how education is a key factor for social participation:

“Education is one of the most important predictors – usually, in fact, the most important predictor – of many forms of social participation – from voting to associational membership, to chairing a local committee to hosting a dinner party to giving blood.

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demonstrating, volunteering in associations and socialising and expressing political opinions through digital and social media. Other studies also include the following actions as a part of new forms of civic engagement: “contacting officials, the mass media and talk shows, signing e-petitions, boycotting, canvassing, participating in protests and trying to

persuade others. This empowerment provides, for instance, an invaluable contribution to local communities and plays a key role in awareness-raising or increasing a social participation at local level.

Essentially, youth engagement is related to active citizenship, empowerment and active involvement in society at local, regional, national and European levels. Empowerment, specifically, allows for the personal development and the gaining of new skills, while active engagement helps young people to address their concerns and make a change in society. Implementing a principle of inclusiveness would thus ensure that all young people are empowered and are able to participate.





# 9 REASONS TO VISIT TURKEY



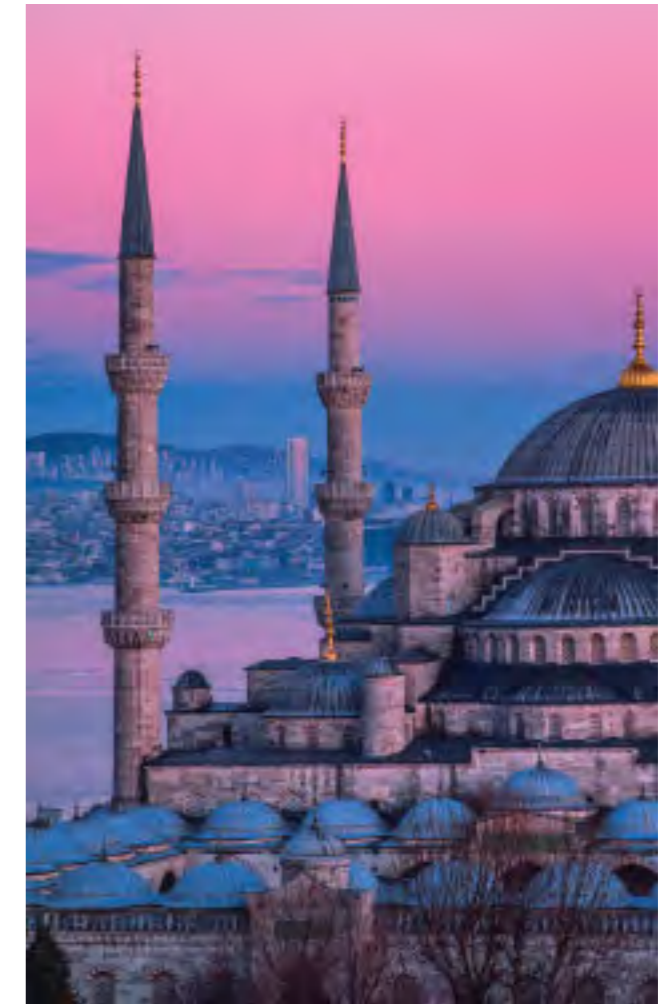
1. The world famous Trojan War took place in the territory of Turkey.. You can see a replica of the Trojan horse used in that war in Çanakkale..
2. Göbeklitepe is the oldest temple in the world is waiting for history enthusiasts in Şanlıurfa.
3. If you love coffee, Turkey is a paradise for you.

4. According to legends, Noah's Ark was stranded on the top of mount Ararat. It is up to you to unravel the mystery.
5. St. Nicholas, known as Santa Claus, a mediterranean coastal town, which was born in Demre in Turkey. You can visit the church of Santa Claus in Demre, formerly Myra.
6. Istanbul is the only city in the world on two continents. This is not sufficient alone for the Turkey trip.

7. When you go to Cappadocia(in Turkey) for the first time, it is not possible not to think "is this a different world" . The region, which gives the feeling that it has gone to another planet, attracts visitors with its thousands of years of history as well as interesting landforms..

8. According to the Turkish traditions, the foreigner who comes to the door is considered as the "guest of Allah" for three days. Get ready to be amazed by the hospitality of the Turks.

9. Turkey is seen as one of the three most important countries in the world flavors with traditional foods. If you love tasting new flavors get your ticket.





# Would it really be better? Here's seven facts you should consider that we'd lose without the EU:

## Peace & Security

For about 75 years, Europe (and what later became EU) has been relatively peaceful within its borders. National interests would never go beyond the red line that makes the people lose their homes, beloved ones, their safety. How long would it take until first shots are fired? Until old hostilities are risen up again?

## Living or working in any EU country (one single market)

For many of us this is considered as granted, but the whole EU being one single labour market has eased living and working wherever European citizens like and wherever their work is respected and properly paid for. Without the EU, you would have to go through very long and difficult procedures, making many people frustrated on the way and the overall happiness decrease.

## EU roaming

You live at the border to another EU country? Remember the times when you had to take care of the provider your phone is using? When your bill exceeded 50, 100 € just for one accidental phone call? Or the bill exceeding the travel costs, because you went for a trip? No? Well, that's exactly what would be happening again, and we'd be making mobile companies richer and our pockets emptier.

## Shengen

Have you ever traveled to or through non-EU countries? Surely it was not pleasant to follow all the procedures, pay visa fees, wait, get rejected, start again. We can assume that there's a thousand cooler things to spend your resources on, like do a spontaneous road trip to Amsterdam, grab a Polish beer in Warsaw or look for saudade in Portugal. But this is exactly what you will need to do for such trips if EU's Shengen agreement was not in place anymore: Time, money and longterm planning. Goodbye spontaneity. Urghhh.

## Quality of food

Do you like the olive oil from Greece and Italy? You enjoy the oranges from Spain, cheese from France, accompanied with good wine? In EU, all these products have to reach certain standards to be sold on the market. It makes them safer by obliging producers to apply measures on pesticide use, contamination with heavy metals or other poisons, working safety environment, environmental protection regulations. Without EU, producers would have an easier life, yes, but the products may be damaging you, the environment or the workers, and be more expensive because of taxation. Cheers to that for some certified, non-methanol-containing Vodka!



## Germany won't pay for your bills

Did you know that EU countries' credit rating was good because of Germany? All these loans, all these investments your country did in the last few years, all the infrastructure built, which say 'funded by European Union'? Well, if EU disappeared, you might have bumpy roads, long travel times, disconnected villages. And you know what you'd miss most? Germany paying for it!

## Erasmus+ and other trainings

Last but not least: Imagine there would be such a programme that enables you to meet young people from other corners of Europe and beyond. That would pay for you to learn about cultures, make friends all over the continent, drink and hook up, simply have a lot of fun? Sounds incredible? Welcome to

Orgas-...eehm Erasmus+! If there was no EU, how would you have all of these benefits and fun, all for free? We'd be having resentments and prejudices against our neighbors, never understand their culture, never find out that we're not as different, that we all are looking for new friends, experiences, travels and create a big network. Such a world would be so limited!

You see, there's just these few arguments of hundreds more to convince anyone of the benefits of European Union. Thinking about what we would lose with the EU, we start appreciating all the benefits. Things are not optimal, that's for sure, but the good thing about EU is that it provides you many possibilities to engage and contribute to make Europe a better place for everyone. Thank you, EU!

# YOU NEED TO VOTE

You have the power to decide about the future of your county.

If you didn't vote you don't have a right to complain because you did nothing about making your country and life of all citizens better. Even if you are not interested about politics you should take your time and learn about the parties and the candidates. It's not that difficult,

there are even online surveys where you answer some questions and it shows who should you vote for based at your answers. When you vote you decide where you spend your money. Yes, your money. The money that you pay in taxes. You can choose what do you want to spend it on choosing the politicians that



Every vote matters. Many people say that they won't go because they are sure the opposite party will win or their preferred party will win anyway. But many people don't realize that there are hundreds of thousands of people that are thinking exact like there. It's rare but sometimes the winner

is decided by one vote. This vote could be yours.

The whole community depends on you, and you depend on whole community. If you have right to vote why don't use it and help making your live better. Even if you don't like any parties you should vote for the one that you don't like the least.



Co-funded by the  
Erasmus+ Programme  
of the European Union

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